

POST OPERATIVE CARE

LARYNGOSCOPY



Direct laryngoscopy and micro suspension laryngoscopy are surgical procedures in which your surgeon will examine the larynx and possibly perform a biopsy (remove tissue for pathological analysis). If necessary, a vocal cord injection will be performed as discussed with your surgeon.

Prior to Surgery

- **The surgery coordinator will notify you of the pre-admissions appointment as well as any necessary testing**
- **The hospital will notify you of the medications you can take the morning of surgery**
- **Please refrain from taking any aspirin containing products two weeks prior to surgery**

The day before surgery:

The surgery coordinator will call you the day prior to surgery to give you your hospital check in time.

Please **do not** eat anything after 12AM the night before your surgery.

Clear liquids are allowed until up to 2 hours before the surgery time.

Once you are discharged home, prescriptions will be sent to your pharmacy.

Coordinate someone to drive you home once you are discharged.

After Surgery

- You may resume a regular diet after surgery. However, it is recommended to start off with clear liquids immediately after surgery and advance as tolerated.
- The surgery coordinator will call you and go over any questions you may have as well as schedule a follow up appointment.
- For biopsies: please allow 7-10 business days for results.
- Vocal cord biopsies: it is normal to be hoarse for up to two weeks after surgery.
- There are no activity restrictions for this surgery.

Contact our office immediately if you experience the following: excessive swelling, bleeding or warmth over the incision site, fever greater than 101°, pain not relieved with pain medications or nausea/vomiting not relieved with medication.

828-263-5684 Or After hours 1-800-893-6743

